

First B.Sc. Nursing (Ayurveda) Degree Examinations, October 2016**PANCHAKARMA****Time: 3 Hours****Max Marks: 100**

- Answer all questions
- Draw diagrams wherever necessary

Essay**(2x10=20)**

1. Explain the procedure of nirooha vasti(निरूह वस्ति)
2. Explain virechana nirukti,vyutpatti, paribhasha, upayogita and virechana karma (विरेचन कर्म) in detail.

Short Notes**(10x5=50)**

3. Classification of swedana(स्वेदन)
4. Pizhichil
5. Describe virechana poorvakarma(विरेचन पूर्वकर्म)
6. Samyak snigdha lakshana (समयक स्निग्ध लक्षण)
7. Dhmapana nasya (ध्मापन नस्य)
8. Classification of nasya (नस्य) according to part of plant used
9. Brumhana nasya(बृम्हण नस्य)
10. Savisha jalauka(सविष जलौक)
11. Prachanna(प्रचन्न)
12. Moordhni taila(मूर्धनि तैल)

Answer Briefly**(10x3=30)**

13. Contra indications of nirooha vasti(निरूह वस्ति)
14. Indications of brumhana Nasya(बृम्हण वस्ति)
15. Anagneya swedas(अनाग्नेय स्वेद)
16. Sramsana(संसन)
17. Acha snehapana(अछ स्नेहपन)
18. Kuti Sweda(कुटि स्वेद)
19. Sarpi guna (सर्पि गुण) and indications
20. Snehapana (स्नेहपान) paschat karma(पश्चात कर्म)
21. Anuvasana vasti(अनुवासन वस्ति)
22. Niragni sweda(निरग्नि स्वेद)
